



Time to grow

Soap Verses: Isaiah Isaiah 44:1-5

Activity: Ask God to show you what he has been ‘growing’ in you over the past few months. Tune into his voice and ask him the question “What are you pleased about with my growth?” (We often hear the what work do you still need to do in me question... Try and resist heading there until you have heard God speak about that growth you can celebrate).

Ask someone you trust to highlight any growth they have seen in you. Spend time thanking God for the growth you see in your life. Again you will find it helpful to record the growth in a journal or somewhere as you will soon forget these treasures.

Family Activity: Draw a tree. Cut out loads of leaves.

Together ask God to help you see how each of you in your family have grown recently. Have you learnt something new about God? About yourself? Have you grown in the fruits of the Spirit such as joy or patience? Write what you have grown in on some of the leaves and stick them to the tree.

Thank God for all the good things he has grown in your life.