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# Jesus says that worrying i. is unhelpful

Matthew 6:25
Therefore I tell you, do not worry about your life, ORGOTTEN



SAYINGS

#### Jesus says that worrying ii. is unreasonable

Matthew 6:27

Who of you by worrying can add a single hour to his life?

SAYINGS



# Jesus says that worrying iii. is unhealthy

Proverbs 12:25

An anxious heart weighs a man down, but a kind word cheers him up.

SAYINGS



# The worry worker in action! - produces fear and panic

1 Samuel 17:4

A champion named Goliath, who was from Gath, came out of the Philistine camp. He was over nine feet tall.



# The worry worker in action! - produces fear and panic

For forty days the Philistine came forward every morning and evening and took his stand.



### Enter the worry slayer! - the giant is dead

1 Samuel 17:20

Early in the morning David left the flock in the care of a shepherd, loaded up and set out, as Jesse had directed. He reached the camp as the army was going out to its battle positions, shouting the war cry.



... but I come against you in the name of the LORD Almighty, the God of the armies of Israel, whom you have defied.

1 Samuel 17:45

#### Matthew 6:26

Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they?



Matthew 6:30-32

If that is how God clothes the grass of the field ...will he not much more clothe you—you of little faith? So do not worry, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?' For the pagans run after all these things, and your heavenly Father knows that you need them.

Philippians 4:19
And my God will meet all your needs
according to his glorious riches in Christ

Jesus.



... but I come against you in the name of the LORD Almighty, the God of the armies of Israel, whom you have defied.

1 Samuel 17:45

# Pavid knew ii. to where he was looking

1 Samuel 17:37

The LORD who delivered me from the paw of the lion and the paw of the bear will deliver me from the hand of this Philistine."



# Pavid knew ii. to where he was looking

**Psalm 90:2** 

Before the mountains were born or you brought forth the earth and the world, from everlasting to everlasting you are God.





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