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Healing the body

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Jesus's perspective

1. True healing is not just about the body

Mark 2:4-5

Since they could not get him to Jesus... they made an opening in the roof ... and then lowered the mat the man was lying on. When Jesus saw their faith, he said to the paralysed man, 'Son, your sins are forgiven.'

Jesus's perspective

2. True healing includes the body

Mark 2:4-5

Since they could not get him to Jesus... they made an opening in the roof ... and then lowered the mat the man was lying on. When Jesus saw their faith, he said to the paralysed man, 'Son, your sins are forgiven.'

Jesus's perspective

3. True healing involves all of ourselves

Mark 10:52

**‘Go,’ said Jesus, ‘your faith has healed you.’
Immediately he received his sight and followed
Jesus along the road.**

Lessons from Naaman

2 Klngs 5:1

Now Naaman was commander of the army of the king of Aram. He was a great man in the sight of his master and highly regarded, because through him the Lord had given victory to Aram. He was a valiant soldier, but he had leprosy.

Lessons from Naaman

2 Klngs 5:2-3

Now bands of raiders from Aram had gone out and had taken captive a young girl from Israel, and she served Naaman's wife. 3 She said to her mistress, 'If only my master would see the prophet who is in Samaria! He would cure him of his leprosy.'

Lessons from Naaman

1. Healing is nothing to do with us

2 Kings 5:5

‘By all means, go,’ the king of Aram replied. ‘I will send a letter to the king of Israel.’ So Naaman left, taking with him ten talents of silver, six thousand shekels of gold and ten sets of clothing.

Lessons from Naaman

2. Healing is a touch from God

2 Kings 5:9-10

So Naaman went with his horses and chariots and stopped at the door of Elisha's house. Elisha sent a messenger to say to him, 'Go, wash yourself seven times in the Jordan, and your flesh will be restored and you will be cleansed.'

Lessons from Naaman

3. Healing is learning trust & obedience

2 Kings 5:9-10

So Naaman went with his horses and chariots and stopped at the door of Elisha's house. Elisha sent a messenger to say to him, 'Go, wash yourself seven times in the Jordan, and your flesh will be restored and you will be cleansed.'

Lessons from Naaman

4. Healing requires good friends

2 Kings 5:13-14

Naaman's servants went to him and said, 'My father, if the prophet had told you to do some great thing, would you not have done it? How much more, then, when he tells you, "Wash and be cleansed"!' So he went down and dipped himself in the Jordan seven times

Lessons from Naaman

5. Healing draws people to God

2 Kings 5:15

Then Naaman and all his attendants went back to the man of God. He stood before him and said, 'Now I know that there is no God in all the world except in Israel.'

Jesus's perspective

4. We are to 'heal the sick'

Matthew 10:*

Heal those who are ill, raise the dead, cleanse those who have leprosy, drive out demons. Freely you have received; freely give.

A simple model

1. Ask what to pray for

Mark 10:51

‘What do you want me to do for you?’ Jesus asked him.

The blind man said, ‘Rabbi, I want to see.’

A simple model

2. Touch

Matthew 8:3

Jesus reached out his hand and touched the man. 'I am willing,' he said. 'Be clean!' Immediately he was cleansed of his leprosy.

A simple model

3. Command

Matthew 8:8

The centurion replied, 'Lord, I do not deserve to have you come under my roof. But just say the word, and my servant will be healed.'

A simple model

3. Command

Mark 7:34-35

He looked up to heaven and with a deep sigh said to him, 'Ephphatha!' (which means 'Be opened!'). At this, the man's ears were opened, his tongue was loosed and he began to speak plainly.

A simple model

4. Listen

John 9:6

After saying this, he spat on the ground, made some mud with the saliva, and put it on the man's eyes.

A simple model

5. Enquire

Mark 8:23-24

Jesus asked, 'Do you see anything?'

He looked up and said, 'I see people; they look like trees walking around.'

A simple model

1. Ask

2. Touch

3. Command

4. Listen

5. Enquire

