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healing

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Healing the Body	The story of Naaman and the example of Jesus offer a simple model of healing (Reading: 2 Kings 5:1-14)	Simon Harris	16 Jun 2014	
Why isn't everyone healed?	We don't know why everyone is not healed, but there are some things we do know. (Reading: Mark 9:14-29)	Simon Harris	18 May 2014	
God wants you whole	The Bible clearly tells us that God wants us whole, so what stops us fully believing it? (Reading: Mark 10:46-52)	Simon Harris	12 May 2014	

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Healing the emotions

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**Do we have to feel like
this? NO!**

R1. Jesus came to rescue us

Isaiah 61

**The Spirit of the Sovereign Lord is on me,
because the Lord has anointed me
to proclaim good news to the poor.
He has sent me to bind up the broken-hearted,
to proclaim freedom for the captives
and release from darkness for the prisoners**

**Do we have to feel like
this? NO!**

**R2. Pray: “Your will be done on
earth as in heaven”**

Matthew 6:10

**your kingdom come,
your will be done,
on earth as it is in heaven.**



**Do we have to feel like
this? NO!**

1. God's promise is freedom

Psalm 23:3

... He restores my soul.



**Do we have to feel like
this? NO!**

1. God's promise is freedom

John 8:36

**So if the Son sets you free, you will be free
indeed.**



Do we have to feel like this? NO!

1. God's promise is freedom

John 8:12

When Jesus spoke again to the people, he said, "I am the light of the world. Whoever follows me will never walk in darkness, but will have the light of life."



**Do we have to feel like
this? NO!**

1. God's promise is freedom

Psalm 34:18

**The Lord is close to the broken-hearted
and saves those who are crushed in spirit.**



**Do we have to feel like
this? NO!**

2. God's ways are true

Psalm 18:19

**He brought me out into a spacious place;
he rescued me because he delighted in me.**

**So WHY do we feel like
this?**



Where do these rotten roots come from?

1. WOUNDS: the sins of others that hold us *captive*

Isaiah 61:1

The Spirit of the Sovereign Lord is on me,
... He has sent me to bind up the broken-
hearted,
to proclaim freedom for the captives
and release from darkness for the prisoners

Where do these rotten roots come from?

2. BONDAGES: our own sins that keep us *prisoners*

Isaiah 61:1

The Spirit of the Sovereign Lord is on me,
... He has sent me to bind up the broken-
hearted,
to proclaim freedom for the captives
and release from darkness for the prisoners

Rotten fruit

1. A sense of unworthiness

Luke 15:19

**I am no longer worthy to be called your son;
make me like one of your hired servants.”**

Rotten fruit

2. Perfectionism

Philippians 3:4-6

I have more: circumcised on the eighth day, of the people of Israel, of the tribe of Benjamin, a Hebrew of Hebrews; in regard to the law, a Pharisee; as for zeal, persecuting the church; as for righteousness based on the law, faultless.

Rotten fruit

3. Super-sensitivity

1 Samuel 20:30

Saul's anger flared up at Jonathan and he said to him, 'You son of a perverse and rebellious woman! Don't I know that you have sided with the son of Jesse to your own shame and to the shame of the mother who bore you?'

Rotten fruit

4. Fear

Psalm 55:5

**Fear and trembling have beset me;
horror has overwhelmed me.**

The Holy Spirit knows what we need

He will guide us into all truth

John 16:13

But when he, the Spirit of truth, comes, he will guide you into all the truth. He will not speak on his own; he will speak only what he hears, and he will tell you what is yet to come.

The Holy Spirit knows what we need

We need to invite him

Romans 8:26-27

In the same way, the Spirit helps us in our weakness. We do not know what we ought to pray for, but the Spirit himself intercedes for us through wordless groans. And he who searches our hearts knows the mind of the Spirit, because the Spirit intercedes for God's people in accordance with the will of God.

A simple model

1. Invite the Holy Spirit
to lead you

Psalm 139:23-24

Search me, O God, and know my heart; test me
and know my anxious thoughts. See if there is
any offensive way in me, and lead me in the
way everlasting.

A simple model

2. Ask what the root is

Psalm 51:6

**Surely you desire truth in the inner parts;
you teach me wisdom in the inmost place.**

A simple model

3. invite Jesus to heal
the wounds

Psalm 18:16

He reached down from on high and took hold
of me; he drew me out of deep waters.

A simple model

4. Confess any wrong ATTITUDES and ACTIONS and ask God to forgive and cleanse

1 John 1:9

If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness.

